



Showers of tranquility yoga

Enjoy a day of yoga at the fitness center.
Try out three different styles
throughout the day.

Wednesday, April 13

9 a.m.- Power Yoga
with Heather

12 p.m.- Vinyasa Flow
with Lacy

**5:30 p.m.- Advanced
Vinyasa**
with Lacy

**Ages 18 and up;
Only \$3 per class**



**SPORTS
FITNESS
& AQUATICS**
VICENZA, ITALY

