

# Family Fitness Room

Family Fitness Room is open during normal business hours.

The ten guidelines listed below should be adhered to at all times for this program to be a success:

1. No child will be left unattended for any reason. The child must remain in the Family Fitness Room and not wander around the facility.
2. The Fitness Center Staff will not interact with the child while the parent is exercising.
3. The parent must be able to make eye contact with the child at all times.
4. The parent must attend to a child needing attention immediately.
5. Strollers must be a safe distance and not come in contact with the exercise equipment.
6. Strollers will not block or impede access to any entrance, exit, door or hallway.
7. The Fitness Center Staff will report any of these violations to the Facility Manager for resolution.
8. For safety reasons, the Fitness Center Management reserves the right to turn away additional children if space becomes limited.
9. Parents should bring personal games, DVDs and toys for their child and pick up after them when finished.
10. Food and beverages except water are not allowed in the Family Fitness Room.

We will do everything possible within regulatory guidelines to support the parents and patrons of the Fitness Center. We simply ask that the parents observe our rules and have a good workout.

Stay Fit, Stay Healthy!

