

Krafty Kitchen

September Series

The two chefs over at the Arts & Crafts center have developed an exciting series of classes for you to join during the month of September. Each class includes all cooking materials as well as the enjoyment of the food prepared at the end of each class! No prior cooking experience required. Most classes have a vegetarian option – inquire with the Arts and Crafts Center for more specific information.

Monthlong series includes the following 3 classes, each held on Thursdays from 5-7 p.m.:

September 16th : “Garden Party”

Refreshingly cool recipes to prepare for your friends.

September 23rd: “Fruit...Appetizer to Dessert”

Using fruit to enhance your pastas and meats, as well as wonderful desserts.

September 30th: “300 calories or less”

Delicate recipes with great flavor to help you keep your form.

Date: Thursdays in Sept. 2010

Time: 5-7 p.m.

Cost: \$110 for 3 classes; all materials and food included!