

# 2 weeks with ACS



## Events and Classes March 1-15

Honoring those who serve!

Photo taken by:  
Tiffany Tran-Ozuna



## Regular Classes & Events

**Relocation Readiness offers English and Italian as a second language!** Classes are offered to Family members and cover basic conversational skills! Call 634-7500 to reserve your spot!

**ENGLISH AS A SECOND LANGUAGE**

**Mondays 2 - 4 p.m. & Fridays 9 a.m. - Noon**

**ITALIAN AS A SECOND LANGUAGE**

**Mondays & Thursdays 9 - 11 a.m.**

March 2

Savings & Investments • 9 - 10 a.m.

Searching Employment on CPOL/Resumix Prep • 10 - 11 a.m.

March 3

Romp-N-Stomp Playgroup @ YS in Villaggio • 10 - 11:30 a.m.

Building an Effective Volunteer Program • 1 - 2 p.m.

Anger Management (parent and child) • 3:30 - 4:30 p.m.

March 4

Autism/ADHD Support Group • 11 a.m. - Noon

Anger Management (adults) • 11:30 a.m. - 12:30 p.m.

March 5

Infant Massage • 10 - 11:30 a.m.

Spouse/Family Newcomer Orientation • 11:45 a.m. - 12:45 p.m.

March 8

Stress Management • Noon - 1 p.m.

March 9

How to Ace an Interview • 10 - 11 a.m.

Insurance 101 • 9 - 10 a.m.

Breastfeeding Basics • 9:30 - 11:30 a.m.

March 10

Romp-N-Stomp Playgroup @ YS in Villaggio • 10 - 11:30 a.m.

Volunteer Mgt Info Syst Basic Training/Orientation • 1 - 2 p.m.

March 12

Infant Massage • 10 - 11:30 a.m.

Stronger Relationship with Child Through Play • 3:30 - 5 p.m.

Communication Miracles for Couples • 11:30 a.m. - 12:30 p.m.

March 15

EFMP Bowling • 3 - 4 p.m.

### Need to Talk ?

**Military & Family Life Consultant (MFLC)**

**Drop-in time for Service Members & their Families:**

**Youth Center at Villaggio • 10 a.m. - 12:30 p.m.**

**Phone: 333-489-8967**



The Family Computer Center is located at the DSFRC and is open 24 Hours!

Discover your ACS programs!

Visit us online:

[www.vicenzamwr.com/acs.html](http://www.vicenzamwr.com/acs.html)

## Special Events

### 2010 ARMY EMERGENCY RELIEF (AER) Campaign Kickoff !

Join us at ACS on March 1 at 2 p.m. AER provides Emergency Financial assistance to active duty and retired Soldiers, & their Families. AER also has educational programs that offer scholarships to spouses and dependent children of Soldiers. **Contact AER at 634-8524.**

**AFTB Marathon** (Army Family Team Building Levels I, II & III) on March 8-12 • 8:30 a.m. - 2:45 p.m. Learn how the Army works, how to take care of yourself, and how to be an effective community leader. Childcare is free during class hours. Call ACS at 634-7500 for more information & to register!

**LUNCH BISTRO SERIES:** March 3 • 11:30 a.m. - 1 p.m., We will explore and learn how to make a few of Korea's most popular Dishes!

**Join us for:**

**"A Taste of Korea!"**

**7 Habits of Highly Effective Military Families,** March 11 & 12 • 9 a.m. - 2:30 p.m. The most dynamic training for personal & family effectiveness ever developed. Experience a powerful life transformation that fosters greater productivity, increased influence in family relationships, stronger family unity & complete life balance.

**Parenting during Deployment Workshop** on March 9 • 3:30 - 5 p.m. will assist parents with the challenges they may face when they temporarily move from a two parent household to a "single" parent home due to a Soldier's deployment. Come & explore the fundamentals of raising happy, healthy children. Learn to navigate parenthood with simple & universal skills that apply to all parents & children!

\*\* Reservations are required for most of the classes. Please contact ACS to reserve your spot! Classes are subject to change \*\*

\*\*Disability can make a difference and we provide reasonable accommodations for you to participate in our programs. Please contact the Facility Manager or EFMP for assistance\*\*

**ARMY COMMUNITY SERVICE**  
Davis Soldier & Family Readiness Center, Bldg. 108

Monday - Friday • 8 a.m. - 5 p.m.  
From on post 634-7500 | From off post 0444-71-7500  
Online at [www.vicenzamwr.com/acs.html](http://www.vicenzamwr.com/acs.html)

